

Lethbridge College

Lethbridge College's collaborative nursing education program rejuvenates curriculum to meet health care needs

Lethbridge College's innovative and collaborative four-year Nursing Education in Southwestern Alberta (NESA) program has undergone a thorough review and overhaul of its curriculum to ensure it is best meeting the contemporary needs of Canadians.

The program, delivered collaboratively by Lethbridge College and the University of Lethbridge, has been updated to ensure it is delivered in a way that allows students to succeed and be ready to contribute to the health-care system upon graduation. The new curriculum, introduced to the incoming first year NESA Bachelor of Nursing students at Lethbridge College this fall, is the product of more than four years of consultations, planning and development. This is the first major redevelopment of the NESA curriculum since the program launched in 2002, and all 25 courses in the NESA BN program are new.

"This new curriculum represents a new philosophy in both education and nursing that focuses on relationships," says Debra Bardock, Dean of Lethbridge College's Centre for Health and Wellness. "Nursing is all about relational practices, and this curriculum has been designed with those same principles in mind. We believe the skills that create successful nurses also create successful students, and this curriculum will leave them better prepared to enter the health care sector."

NESA students take their first two years of studies at the college and their second two years at the university. Students study theory and experience clinical practice in the areas of medicine and surgery, long-term care and continuing care, pediatrics, maternity, labour and delivery, mental health, rural acute care and community health.

Students will graduate with all of the competencies required of entry-level nurses by the College and Association of Registered Nurses of Alberta, be eligible to write the national nursing exam, and be well-positioned to meet the challenges of 21st century health care.



Learn more at: lethbridgecollege.ca

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While the jobs in the health industry are quite varied, the people who choose these careers all have something in common — the desire to help others.

Whatever the position, the essential training needed to succeed can start at Lethbridge College.

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BE READY.